

# TRI METRO CONFERENCE CHAMPIONSHIPS 2025

May 13 & May 14 at St Anthony, MN

## Team Scores:

|                           |      |
|---------------------------|------|
| 1. Academy Of Holy Angels | 130  |
| 2. St. Anthony Village    | 128  |
| 3. DeLaSalle              | 125  |
| 4. Visitation             | 98.5 |
| 5. Richfield              | 90   |
| 6. Bloomington Kennedy    | 59.5 |
| 7. Columbia Heights       | 41   |
| 8. Fridley                | 16   |
| 9. Robbinsdale Cooper     | 9    |

## Girls Varsity 100 Meters Finals

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Athlete Yr Team Mark H# Wind

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|   |                    |    |                        |        |
|---|--------------------|----|------------------------|--------|
| 1 | Ervina Swaray      | 10 | DeLaSalle              | 12.16a |
| 2 | Erin Spence        | 11 | Academy Of Holy Angels | 12.48a |
| 3 | Jazara Moore       | 9  | Richfield              | 12.61a |
| 4 | Isabella Bonadonna | 12 | Academy Of Holy Angels | 12.78a |
| 5 | Samarah Ford       | 12 | Bloomington Kennedy    | 12.83a |
| 6 | Annaliese Raasch   | 10 | Academy Of Holy Angels | 12.99a |
| 7 | Madison Munro      | 12 | Richfield              | 13.02a |
| 8 | Kieran Kirby       | 9  | Visitation             | 13.14a |

## Girls Varsity 100 Meters Prelims

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Athlete Yr Team Mark H# Wind

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|    |                      |    |                        |        |
|----|----------------------|----|------------------------|--------|
| 1  | Ervina Swaray        | 10 | DeLaSalle              | 12.14a |
| 2  | Erin Spence          | 11 | Academy Of Holy Angels | 12.51a |
| 3  | Isabella Bonadonna   | 12 | Academy Of Holy Angels | 12.64a |
| 4  | Jazara Moore         | 9  | Richfield              | 12.69a |
| 5  | Annaliese Raasch     | 10 | Academy Of Holy Angels | 12.86a |
| 6  | Kieran Kirby         | 9  | Visitation             | 12.98a |
| 7  | Madison Munro        | 12 | Richfield              | 13.00a |
| 8  | Samarah Ford         | 12 | Bloomington Kennedy    | 13.02a |
| 9  | Madyson Ford         | 12 | Bloomington Kennedy    | 13.03a |
| 10 | Julia Kappenman      | 10 | Visitation             | 13.23a |
| 11 | Nyla Fisher          | 11 | Richfield              | 13.42a |
| 12 | Ly'Niah Bledsoe      | 9  | Fridley                | 13.48a |
| 13 | Daphne Such          | 12 | Bloomington Kennedy    | 13.53a |
| 14 | Kayla Mason          | 10 | DeLaSalle              | 13.59a |
| 15 | Amara McKenzie       | 11 | Fridley                | 13.64a |
| 16 | JaLayla McCoy        | 10 | Brooklyn Center        | 13.67a |
| 17 | Maizy Groethe        | 11 | St. Anthony Village    | 13.70a |
| 18 | Ava Bungener         | 12 | Visitation             | 13.74a |
| 19 | Sky Phillips         | 11 | Columbia Heights       | 13.97a |
| 20 | Amaiya Durr          | 11 | Brooklyn Center        | 14.23a |
| 21 | Harmioney Meeks      | 11 | Columbia Heights       | 14.63a |
| 22 | Daniya Larkins-Lucas | 12 | Columbia Heights       | 19.21a |
|    | Hadley Freeberg      | 9  | DeLaSalle              | DNS    |
|    | Nia Keaton           | 12 | Fridley                | DNS    |

## Girls Varsity 200 Meters Finals

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Athlete Yr Team Mark H# Wind

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|   |                    |    |                        |        |
|---|--------------------|----|------------------------|--------|
| 1 | Erin Spence        | 11 | Academy Of Holy Angels | 25.51a |
| 2 | Ayanna Zarlee      | 12 | DeLaSalle              | 25.79a |
| 3 | Ervina Swaray      | 10 | DeLaSalle              | 25.83a |
| 4 | Jazara Moore       | 9  | Richfield              | 26.07a |
| 5 | Isabella Bonadonna | 12 | Academy Of Holy Angels | 26.67a |

|   |                 |    |                     |        |
|---|-----------------|----|---------------------|--------|
| 6 | Rebecca Nelson  | 11 | St. Anthony Village | 26.72a |
| 7 | Julia Kappenman | 10 | Visitation          | 27.23a |
| 8 | Leonah Shivers  | 9  | Robbinsdale Cooper  | 28.36a |

## Girls Varsity 200 Meters Prelims

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Athlete Yr Team Mark H# Wind

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|    |                         |    |                        |        |
|----|-------------------------|----|------------------------|--------|
| 1  | Ervina Swaray           | 10 | DeLaSalle              | 25.41a |
| 2  | Erin Spence             | 11 | Academy Of Holy Angels | 25.46a |
| 3  | Ayanna Zarlee           | 12 | DeLaSalle              | 26.07a |
| 4  | Jazara Moore            | 9  | Richfield              | 26.24a |
| 5  | Isabella Bonadonna      | 12 | Academy Of Holy Angels | 26.47a |
| 6  | Rebecca Nelson          | 11 | St. Anthony Village    | 26.66a |
| 7  | Leonah Shivers          | 9  | Robbinsdale Cooper     | 26.92a |
| 8  | Julia Kappenman         | 10 | Visitation             | 27.16a |
| 9  | Samarah Ford            | 12 | Bloomington Kennedy    | 27.42a |
| 10 | Annaliese Raasch        | 10 | Academy Of Holy Angels | 27.51a |
| 11 | Desirai Chappell        | 12 | Richfield              | 27.59a |
| 12 | Maiyah Allen            | 11 | St. Anthony Village    | 27.78a |
| 13 | Gabby Croy              | 10 | Richfield              | 27.80a |
| 14 | Ziyarah Turner-Stensrud | 12 | Robbinsdale Cooper     | 27.82a |
| 15 | Mischa Campos-Taylor    | 11 | Bloomington Kennedy    | 27.96a |
| 16 | JaLayla McCoy           | 10 | Brooklyn Center        | 28.12a |
| 17 | Lillian Eldred          | 10 | DeLaSalle              | 28.15a |
| 18 | Madyson Ford            | 12 | Bloomington Kennedy    | 28.59a |
| 19 | Leamon Wehyee           | 12 | Fridley                | 28.78a |
| 20 | Amaiya Durr             | 11 | Brooklyn Center        | 28.82a |
| 21 | Sky Phillips            | 11 | Columbia Heights       | 29.27a |
| 22 | Ly'Niah Bledsoe         | 9  | Fridley                | 29.31a |
| 23 | Cheyenne Mevissen       | 11 | Robbinsdale Cooper     | 29.77a |
| 24 | Lynea Sallet-Smith      | 12 | Brooklyn Center        | 30.39a |
| 25 | Shalayah Woodard        | 11 | Fridley                | 31.92a |
| 26 | Beglad Kasongoma        | 11 | Columbia Heights       | 32.56a |
|    | Daniya Larkins-Lucas    | 12 | Columbia Heights       | DNS    |
|    | Mahawa Kamara           | 9  | St. Anthony Village    | DQ     |

## Girls Varsity 400 Meters Finals

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Athlete Yr Team Mark H# Wind

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|   |                      |    |                        |          |
|---|----------------------|----|------------------------|----------|
| 1 | Adeline Judson       | 11 | Academy Of Holy Angels | 59.00a   |
| 2 | Lucy Porter          | 11 | Richfield              | 1:00.39a |
| 3 | Rebecca Nelson       | 11 | St. Anthony Village    | 1:01.37a |
| 4 | Anna Aman            | 10 | St. Anthony Village    | 1:02.83a |
| 5 | Mahawa Kamara        | 9  | St. Anthony Village    | 1:04.43a |
| 6 | Naomi Whittaker-hill | 11 | DeLaSalle              | 1:05.03a |
| 7 | Lillian Eldred       | 10 | DeLaSalle              | 1:05.94a |
| 8 | She'mya Williams     | 9  | Richfield              | 1:08.20a |

## Girls Varsity 400 Meters Prelims

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Athlete Yr Team Mark H# Wind

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|   |                      |    |                        |          |
|---|----------------------|----|------------------------|----------|
| 1 | Adeline Judson       | 11 | Academy Of Holy Angels | 1:00.63a |
| 2 | Lucy Porter          | 11 | Richfield              | 1:02.05a |
| 3 | Rebecca Nelson       | 11 | St. Anthony Village    | 1:02.18a |
| 4 | Anna Aman            | 10 | St. Anthony Village    | 1:03.57a |
| 5 | Mahawa Kamara        | 9  | St. Anthony Village    | 1:04.10a |
| 6 | Lillian Eldred       | 10 | DeLaSalle              | 1:06.05a |
| 7 | Naomi Whittaker-hill | 11 | DeLaSalle              | 1:06.14a |
| 8 | She'mya Williams     | 9  | Richfield              | 1:06.16a |

9 Claire Meyer 10 Academy Of Holy Angels 1:07.03a  
10 Claire Kuntz 11 Academy Of Holy Angels 1:07.79a  
11 Alexess Caprice 8 Visitation 1:09.79a  
12 Meghan Walsh 11 Visitation 1:09.94a  
13 Yami Gordillo olea 10 Richfield 1:11.20a  
14 Olivia Marko 10 Bloomington Kennedy 1:11.26a  
15 Katerina Kadlubcova 12 Robbinsdale Cooper 1:13.30a  
16 Natalya Nelson 11 DeLaSalle 1:13.31a  
17 Allison Giles 12 Columbia Heights 1:14.75a

#### **Girls Varsity 800 Meters Finals**

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Athlete Yr Team Mark H# Wind

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1 Addie Stoick 9 Visitation 2:31.88a  
2 Rory Higgins 12 DeLaSalle 2:34.64a  
3 Piper Gushwa 12 St. Anthony Village 2:35.47a  
4 Laurel Audette 9 Visitation 2:36.60a  
5 Cassidy Gaston 11 Academy Of Holy Angels 2:38.58a  
6 Josienne Tomas 10 St. Anthony Village 2:38.82a  
7 Kayla Romness 12 Bloomington Kennedy 2:39.47a  
8 Renata Hernandez 10 Academy Of Holy Angels 2:40.78a  
9 Ellarie Odenthal 10 Richfield 2:41.04a  
10 Kaya Williams 11 DeLaSalle 2:41.41a  
11 Sophia Hartman 11 Richfield 2:41.91a  
12 Clara Stevens 11 DeLaSalle 2:43.15a

#### **Girls Varsity 800 Meters Prelims**

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Athlete Yr Team Mark H# Wind

=====

1 Addie Stoick 9 Visitation 2:26.30a  
2 Rory Higgins 12 DeLaSalle 2:30.04a  
3 Kaya Williams 11 DeLaSalle 2:31.11a  
4 Piper Gushwa 12 St. Anthony Village 2:33.23a  
5 Laurel Audette 9 Visitation 2:33.66a  
6 Josienne Tomas 10 St. Anthony Village 2:35.85a  
7 Clara Stevens 11 DeLaSalle 2:38.39a  
8 Cassidy Gaston 11 Academy Of Holy Angels 2:41.17a  
9 Sophia Hartman 11 Richfield 2:42.32a  
10 Renata Hernandez 10 Academy Of Holy Angels 2:44.63a  
11 Kayla Romness 12 Bloomington Kennedy 2:45.55a  
12 Ellarie Odenthal 10 Richfield 2:47.74a  
13 Lizzie Stoick 7 Visitation 2:49.24a  
14 Cassidy White 10 St. Anthony Village 2:56.85a  
15 Quinn Rich 11 Academy Of Holy Angels 2:57.37a  
16 Elise Anderson 10 Bloomington Kennedy 2:59.19a  
17 Sydney Mork 11 Richfield 2:59.65a  
18 Louisianne Sadrant 11 Columbia Heights 3:00.29a  
19 Nasra Farah 11 Columbia Heights 3:04.51a  
20 Socheata Sath 11 Bloomington Kennedy 3:09.77a  
21 Zoe Zuehlke 11 Columbia Heights 3:10.59a  
22 Daisy Andrade 12 Robbinsdale Cooper 3:27.14a  
23 Enya Kappenman 11 Fridley 3:31.02a  
24 Annabelle Anderson 10 Fridley 4:05.33a  
Stella Fesenmaier 12 Robbinsdale Cooper DNS

#### **Girls Varsity 1600 Meters Finals**

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Athlete Yr Team Mark H# Wind

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1 Kathryn Deeb 7 Visitation 5:44.78a  
2 Mia Lund 9 Academy Of Holy Angels 5:45.03a  
3 Hannah Steines 9 DeLaSalle 5:50.49a  
4 Signe Linne 11 Richfield 5:54.65a

5 Ellie McCormick 10 St. Anthony Village 5:55.61a  
6 Suvi Aulwes 9 Bloomington Kennedy 5:56.15a  
7 Gwen Vogt 12 Bloomington Kennedy 5:56.47a  
8 Siena O'Keefe 10 DeLaSalle 5:56.94a  
9 Eva O'Brien 8 Visitation 6:00.23a  
10 Emma Desouza 7 St. Anthony Village 6:00.69a  
11 Maren Jones 10 DeLaSalle 6:09.77a  
12 Eden Costello 8 Academy Of Holy Angels 6:31.12a  
13 Lovey Farrell 12 Visitation 6:31.54a  
14 Elliette Thacker 11 Richfield 6:39.49a  
15 Vivian Hsieh 12 Richfield 6:39.75a  
16 Lucia Griffin 10 St. Anthony Village 6:41.24a  
17 Hope Heinz 10 Bloomington Kennedy 6:49.67a  
18 Anahis Chacon Contreras 12 Columbia Heights 6:56.48a  
19 Stella Fesenmaier 12 Robbinsdale Cooper 7:06.87a  
20 Annabelle Anderson 10 Fridley 7:30.44a  
21 Daisy Andrade 12 Robbinsdale Cooper 7:39.69a

#### **Girls Varsity 3200 Meters Finals**

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Athlete Yr Team Mark H# Wind

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1 Tatum Lyon 10 St. Anthony Village 12:31.24a  
2 Mia Lund 9 Academy Of Holy Angels 12:32.20a  
3 Hannah Steines 9 DeLaSalle 12:33.90a  
4 Signe Linne 11 Richfield 12:35.75a  
5 Siena O'Keefe 10 DeLaSalle 12:43.24a  
6 Suvi Aulwes 9 Bloomington Kennedy 13:03.82a  
7 Libby Krocak 11 DeLaSalle 13:09.06a  
8 Emma Desouza 7 St. Anthony Village 13:15.15a  
9 Gwen Vogt 12 Bloomington Kennedy 13:22.90a  
10 Eva O'Brien 8 Visitation 13:24.98a  
11 Cecilia Wynia 9 Visitation 13:33.46a  
12 Sonja Oksnevad 11 St. Anthony Village 13:35.61a  
13 Kayla Romness 12 Bloomington Kennedy 14:00.04a  
14 Maeve Murphy 11 Visitation 14:18.82a  
15 Gianna Piram 8 Richfield 14:34.28a  
16 Julia Parish 9 Academy Of Holy Angels 15:01.11a  
17 Rose Thompson 11 Richfield 15:19.51a  
Gabriella Olson 9 Academy Of Holy Angels DNF

#### **Girls Varsity 100m Hurdles Finals**

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Athlete Yr Team Mark H# Wind

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1 Laila Moses 10 DeLaSalle 14.94a  
2 Malayah Barlow 10 DeLaSalle 16.56a  
3 Anna DeSouza 10 St. Anthony Village 16.73a  
4 Olivia Tri 11 Academy Of Holy Angels 17.77a  
5 JaSumer Robinson 11 Richfield 17.93a  
6 Alexis Heminover 12 Academy Of Holy Angels 18.49a  
7 Dorothy Ogungbe 11 Visitation 18.77a  
8 Amariyona Logan 10 Robbinsdale Cooper 20.67a

#### **Girls Varsity 100m Hurdles Prelims**

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Athlete Yr Team Mark H# Wind

=====

1 Laila Moses 10 DeLaSalle 14.90a  
2 Malayah Barlow 10 DeLaSalle 16.24a  
3 Anna DeSouza 10 St. Anthony Village 16.71a  
4 Olivia Tri 11 Academy Of Holy Angels 17.43a  
5 Alexis Heminover 12 Academy Of Holy Angels 17.45a  
6 JaSumer Robinson 11 Richfield 18.00a  
7 Amariyona Logan 10 Robbinsdale Cooper 18.34a

8 Dorothy Ogungbe 11 Visitation 18.42a  
 9 Fynn O'Keefe 11 Visitation 19.07a  
 10 Ca'mari Clevenger 11 Richfield 19.70a  
 11 Sydelle Godmare 9 St. Anthony Village 19.99a  
 12 Evey Dungca 8 St. Anthony Village 20.09a  
 13 Addison Aleshire 11 Fridley 20.19a  
 14 Lauren Kahley 11 Visitation 20.58a  
 15 Athena Tabor 9 Fridley 20.74a  
 16 Kalise Lewis 12 Columbia Heights 20.86a  
 17 Zadra Ali 11 Columbia Heights 22.25a  
 18 Sophia Good 10 Fridley 22.52a  
 19 Brooke Lewis 11 Richfield 22.80a  
 Julie Perez Alarcon 9 Robbinsdale Cooper DNS  
 Virginia Smit 10 Robbinsdale Cooper DNS

#### Girls Varsity 300m Hurdles Finals

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Athlete Yr Team Mark H# Wind

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1 Althea Schachtele 11 St. Anthony Village 49.01a  
 2 Anna DeSouza 10 St. Anthony Village 49.97a  
 3 Olivia Tri 11 Academy Of Holy Angels 50.82a  
 4 JaSumer Robinson 11 Richfield 51.74a  
 5 Fynn O'Keefe 11 Visitation 52.81a  
 6 Maria Fasano 10 Visitation 53.61a  
 Laila Moses 10 DeLaSalle DNS  
 Malayah Barlow 10 DeLaSalle DNS

#### Girls Varsity 300m Hurdles Prelims

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Athlete Yr Team Mark H# Wind

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1 Laila Moses 10 DeLaSalle 47.44a  
 2 Anna DeSouza 10 St. Anthony Village 49.31a  
 3 Althea Schachtele 11 St. Anthony Village 50.49a  
 4 Malayah Barlow 10 DeLaSalle 51.66a  
 5 Olivia Tri 11 Academy Of Holy Angels 52.13a  
 6 JaSumer Robinson 11 Richfield 54.13a  
 7 Fynn O'Keefe 11 Visitation 54.98a  
 8 Maria Fasano 10 Visitation 55.14a  
 9 Lauren Kahley 11 Visitation 55.46a  
 10 Karmen Melnichuk 10 Richfield 55.64a  
 11 Virginia Rainaldo 10 St. Anthony Village 57.16a  
 12 Priti Rana 11 Fridley 57.32a  
 13 Ca'mari Clevenger 11 Richfield 58.55a  
 14 Athena Tabor 9 Fridley 58.71a  
 15 Madison Arroyo Constantin 11 Fridley 59.44a  
 16 Betalhem Lencha 11 Columbia Heights 1:03.00a  
 17 Zadra Ali 11 Columbia Heights 1:05.22a

#### Girls Varsity 4x100m Relay Finals

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Team Time H#

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1 Richfield 50.15a  
 1) Lucy Porter 2) Madison Munro  
 3) Desirai Chappell 4) Jazara Moore  
 2 Bloomington Kennedy 50.65a  
 1) Mischa Campos-Taylor 2) Madyson Ford  
 3) Kaliyah Taylor 4) Samarah Ford  
 3 DeLaSalle 50.69a  
 1) Kayla Mason 2) Malayah Barlow  
 3) Ervina Swaray 4) Ayanna Zarlee  
 4 St. Anthony Village 51.61a  
 1) Maizy Groethe 2) Katelyn Evenson

3) Maiyah Allen 4) Anna DeSouza  
 5 Academy Of Holy Angels 52.43a  
 1) Calli Holmes 2) Alexis Heminover  
 3) Isabella Blanco-Abundez 4) Audrey Erickson  
 6 Robbinsdale Cooper 54.38a  
 1) Ziyarah Turner-Stensrud 2) Grace-Marie Page  
 3) Cheyenne Mevissen 4) Leonah Shivers  
 7 Visitation 54.52a  
 1) Kieran Kirby 2) Maribelle Plessner  
 3) Meghan Walsh 4) Ava Bungener  
 8 Fridley 55.76a  
 1) Ly'Niah Bledsoe 2) Serenity Long  
 3) Marang Manneh 4) Summer Hampton  
 9 Brooklyn Center 55.97a  
 1) Danajah Chase 2) Lynea Sallet-Smith  
 3) Amaiya Durr 4) JaLayla McCoy  
 10 Columbia Heights 1:01.98a  
 1) Newte Roberts 2) Beglad Kasongoma  
 3) Angie Smith chuya 4) Kimberly Rodriguez perea

#### Girls Varsity 4x200m Relay Finals

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Team Time H#

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1 Academy Of Holy Angels 1:44.43a  
 1) Calli Holmes 2) Annaliese Raasch  
 3) Erin Spence 4) Isabella Bonadonna  
 2 Richfield 1:48.98a  
 1) Lucy Porter 2) Gabby Croy  
 3) Madeline Mendelblatt 4) Desirai Chappell  
 3 St. Anthony Village 1:49.70a  
 1) Althea Schachtele 2) Mahawa Kamara  
 3) Maiyah Allen 4) Anna Aman  
 4 DeLaSalle 1:50.45a  
 1) Lillian Eldred 2) Lydia Victor  
 3) Hadley Freeberg 4) Ayanna Zarlee  
 5 Robbinsdale Cooper 1:53.10a  
 1) Leonah Shivers 2) Cheyenne Mevissen  
 3) Ziyarah Turner-Stensrud 4) Julie Perez Alarcon  
 6 Visitation 1:57.23a  
 1) Kieran Kirby 2) Maribelle Plessner  
 3) Maria Fasano 4) Brynn Taurinskas  
 7 Fridley 2:01.29a  
 1) Leamon Wehyee 2) Kira Chanthanpanya  
 3) Marley Riopel 4) Serenity Long  
 8 Columbia Heights 2:06.09a  
 1) Daniya Larkins-Lucas 2) Kalise Lewis  
 3) Skyy Phillips 4) Harmioney Meeks  
 Bloomington Kennedy DQ  
 1) Zayla Smith 2) Zekariah Smith  
 3) Fatmata Pessima 4) Aaliyah Tuaolo

#### Girls Varsity 4x400m Relay Finals

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Team Time H#

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1 St. Anthony Village 4:14.19a  
 1) Althea Schachtele 2) Leilani Abraham  
 3) Anna Aman 4) Rebecca Nelson  
 2 DeLaSalle 4:26.75a  
 1) Kaya Williams 2) Natalya Nelson  
 3) Naomi Whittaker-hill 4) Rory Higgins  
 3 Richfield 4:27.21a  
 1) Madison Munro 2) JaSumer Robinson  
 3) Yami Gordillo olea 4) She'mya Williams

4 Visitation 4:29.62a  
 1) Maria Fasano 2) Meghan Walsh  
 3) Laurel Audette 4) Kathryn Deeb  
 5 Academy Of Holy Angels 4:31.99a  
 1) Adelyn Anderson 2) Olivia Tri  
 3) Claire Kuntz 4) Claire Meyer  
 6 Bloomington Kennedy 4:40.35a  
 1) Gwen Vogt 2) Kayla Romness  
 3) Mischa Campos-Taylor 4) Olivia Marko  
 7 Columbia Heights 5:11.40a  
 1) Allison Giles 2) Anahis Chacon Contreras  
 3) Nasra Farah 4) Louisianne Sadrant  
 Robbinsdale Cooper DNS  
 1) Stella Fesenmaier 2) Julie Perez Alarcon  
 3) Amariyona Logan 4) Katerina Kadlubcova

#### Girls Varsity 4x800m Relay Finals

Team Time H#

1 St. Anthony Village 10:11.93a  
 1) Ellie McCormick 2) Josienne Tomas  
 3) Tatum Lyon 4) Piper Gushwa  
 2 Visitation 10:21.95a  
 1) Kathryn Deeb 2) Laurel Audette  
 3) Addie Stoick 4) Lovey Farrell  
 3 DeLaSalle 10:44.31a  
 1) Kaya Williams 2) Clara Stevens  
 3) Alana Weier 4) Rory Higgins  
 4 Academy Of Holy Angels 10:59.26a  
 1) Cassidy Gaston 2) Gabriella Olson  
 3) Renata Hernandez 4) Claire Kuntz  
 5 Richfield 11:14.00a  
 1) Ellarie Odenthal 2) Sydney Mork  
 3) Sophia Hartman 4) Karmen Melnichuk  
 6 Bloomington Kennedy 11:50.15a  
 1) Elise Anderson 2) Meredith Gray  
 3) Hope Heinz 4) Socheata Sath  
 7 Columbia Heights 13:15.88a  
 1) Iris Bergan 2) Zoe Zuehlke  
 3) Louisianne Sadrant 4) Nasra Farah

#### Girls Varsity Shot Put Finals

Athlete Yr Team Mark H#

1 Laila Moses 10 DeLaSalle 35-1  
 2 Isabelle Dorvil 9 Visitation 34-8  
 3 Isabel Devine 9 Academy Of Holy Angels 32-1.5  
 4 Sakaya Nimely 12 Fridley 27-10.5  
 5 Caitlin Smith 10 Richfield 27-5.5  
 6 Carolina Baldovinos Miranda 12 Columbia Heights 26-9  
 7 Eiliyah Long 10 Richfield 26-3  
 8 Harper Kelly 10 DeLaSalle 26-0  
 9 Nex Nguyen 11 Fridley 24-6.5  
 10 Neva Fankhanel 9 St. Anthony Village 23-2  
 11 Aiyanna Shobe 11 Fridley 22-9.5  
 12 Bryn Belland 12 Richfield 22-5.5  
 13 Ingrid Anderson 10 St. Anthony Village 22-5  
 14 Tsenat Mamo 11 DeLaSalle 22-5  
 15 Virginia Rainaldo 10 St. Anthony Village 22-1  
 16 Brooklyn Murdo 11 Columbia Heights 21-11.5  
 17 Rose Oliver 11 Bloomington Kennedy 20-11.5  
 18 Sophia Junnila-Holz 10 Bloomington Kennedy 20-9.5  
 19 Annemarie Mulrooney 7 Visitation 19-2.5

20 Masno Jama 11 Columbia Heights 19-1  
 21 CJ Eichten 9 Academy Of Holy Angels 18-3.5  
 Nelli Amigon Fr Academy Of Holy Angels SCR  
 Amy Diouf 11 Robbinsdale Cooper SCR  
 Kayona Hardy 10 Robbinsdale Cooper SCR  
 Folake Olusesi 11 Robbinsdale Cooper SCR

#### Girls Varsity Discus Finals

Athlete Yr Team Mark H#

1 Isabelle Dorvil 9 Visitation 91-6  
 2 Sakaya Nimely 12 Fridley 87-3  
 3 Rose Oliver 11 Bloomington Kennedy 79-10  
 4 Isabel Devine 9 Academy Of Holy Angels 79-5  
 5 Bryn Belland 12 Richfield 79-1  
 6 Carolina Baldovinos Miranda 12 Columbia Heights 75-0  
 7 Caitlin Smith 10 Richfield 74-6  
 8 Sophia Junnila-Holz 10 Bloomington Kennedy 73-6  
 9 Kate Wosepka 12 DeLaSalle 67-3  
 10 Tsenat Mamo 11 DeLaSalle 65-11  
 11 Masno Jama 11 Columbia Heights 65-5  
 12 Janitzia Pineda-Chavez 10 Fridley 63-6  
 13 Neyan Kamil 11 Columbia Heights 63-2  
 14 Elia Canes 9 St. Anthony Village 62-10  
 15 Natalie Loiland 9 St. Anthony Village 61-9  
 16 CJ Eichten 9 Academy Of Holy Angels 59-10  
 17 Harper Kelly 10 DeLaSalle 59-7  
 18 Annemarie Mulrooney 7 Visitation 59-5  
 19 Nex Nguyen 11 Fridley 55-9  
 20 Camila Aguirre-Aviles 12 Richfield 40-4  
 Nelli Amigon Fr Academy Of Holy Angels DNS  
 Kayona Hardy 10 Robbinsdale Cooper DNS  
 Kacie Lesinski 11 St. Anthony Village DNS  
 Amy Diouf 11 Robbinsdale Cooper DNS  
 Folake Olusesi 11 Robbinsdale Cooper DNS

#### Girls Varsity High Jump Finals

Athlete Yr Team Mark H# Wind

1 Laila Moses 10 DeLaSalle 5-6  
 2 Alexis Heminover 12 Academy Of Holy Angels 5-3  
 3 Zoe Zuehlke 11 Columbia Heights 4-10  
 3 Danchau Le 11 Columbia Heights 4-10  
 3 Brynn Taurinskas 8 Visitation 4-10  
 6 Sydelle Godmare 9 St. Anthony Village 4-10  
 7 Desirai Chappell 12 Richfield 4-10  
 8 Anna DeSouza 10 St. Anthony Village 4-8  
 9 Leilani Abraham 12 St. Anthony Village 4-8  
 9 Angelanna Tillman 11 Bloomington Kennedy 4-8  
 11 Natalya Nelson 11 DeLaSalle 4-8  
 12 Iris Bergan 11 Columbia Heights 4-6  
 12 Eva O'Brien 8 Visitation 4-6  
 14 Quinn Rich 11 Academy Of Holy Angels 4-6  
 15 La'Rhia Long 9 Fridley 4-6  
 15 Gabby Croy 10 Richfield 4-6  
 17 Karmen Melnichuk 10 Richfield 4-4  
 18 Naomi Whittaker-hill 11 DeLaSalle 4-4  
 19 Nex Nguyen 11 Fridley 4-2  
 20 Kira Chanthanpanya 9 Fridley 4-2

### Girls Varsity Pole Vault Finals

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| Athlete | Yr | Team | Mark | H# | Wind |
|---------|----|------|------|----|------|
|---------|----|------|------|----|------|

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- 1 Addie Stoick 9 Visitation 9-9
  - 2 Daphne Such 12 Bloomington Kennedy 9-6
  - 3 Addy Taylor 11 Richfield 8-6
  - 4 Josie Bossen 12 St. Anthony Village 8-6
  - 5 Emma Desouza 7 St. Anthony Village 7-6
  - 6 Lydia Victor 12 DeLaSalle 7-6
  - 7 Nadine Neu 12 Richfield 6-6
  - 7 Tate Kaufenberg 10 Academy Of Holy Angels 6-6
  - 7 Elise Anderson 10 Bloomington Kennedy 6-6
  - 7 Eleanor Meyer 8 Visitation 6-6
  - 7 Ellarie Odenthal 10 Richfield 6-6
  - 7 Lucy Farrell 9 Academy Of Holy Angels 6-6
  - 13 Natalie Kling 10 St. Anthony Village 6-6
  - 14 Lillian Eldred 10 DeLaSalle 6-6
  - 15 Kathryn Piersma 12 DeLaSalle 6-0
- Isabella Staelgraeve 10 Visitation SCR  
Hope Heinz 10 Bloomington Kennedy NH  
Audrey Opitz So Academy Of Holy Angels NH

### Girls Varsity Long Jump Finals

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| Athlete | Yr | Team | Mark | H# | Wind |
|---------|----|------|------|----|------|
|---------|----|------|------|----|------|

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- 1 Danchau Le 11 Columbia Heights 17-1.75
  - 2 Isabella Bonadonna 12 Academy Of Holy Angels 16-2.5
  - 3 Daphne Such 12 Bloomington Kennedy 16-1.75
  - 4 Kieran Kirby 9 Visitation 16-1.25
  - 5 Audrey Erickson 12 Academy Of Holy Angels 16-0.5
  - 6 Kaliyah Taylor 11 Bloomington Kennedy 16-0.5
  - 7 Kayla Mason 10 DeLaSalle 15-6
  - 8 Ava Bungener 12 Visitation 15-5.5
  - 9 Julia Kappenman 10 Visitation 15-2.25
  - 10 Isabel Devine 9 Academy Of Holy Angels 14-11
  - 11 Jessica Capetillo 12 Richfield 14-9
  - 12 Tryphena Asare 12 St. Anthony Village 14-6
  - 13 Iris Bergan 11 Columbia Heights 14-5.5
  - 14 Maizy Groethe 11 St. Anthony Village 14-5
  - 15 JaSumer Robinson 11 Richfield 14-3.75
  - 16 Beyla Storlie 10 DeLaSalle 14-2.5
  - 17 Ca'mari Clevenger 11 Richfield 14-1.5
  - 18 Khalida Moomen 10 Brooklyn Center 13-9.5
  - 19 Aaliyah Tuaolo 9 Bloomington Kennedy 13-5
  - 20 Monet McGritty 9 DeLaSalle 13-4.25
- Anna Aman 10 St. Anthony Village ND

### Girls Varsity Triple Jump Finals

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| Athlete | Yr | Team | Mark | H# | Wind |
|---------|----|------|------|----|------|
|---------|----|------|------|----|------|

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- 1 Danchau Le 11 Columbia Heights 35-4
- 2 Tryphena Asare 12 St. Anthony Village 33-9
- 3 Maiyah Allen 11 St. Anthony Village 33-7
- 4 Kaliyah Taylor 11 Bloomington Kennedy 33-1.75
- 5 Leilani Abraham 12 St. Anthony Village 32-1.75
- 6 Julia Kappenman 10 Visitation 32-1.5
- 7 Monica Tyler 11 Bloomington Kennedy 31-11
- 8 Ava Bungener 12 Visitation 31-2
- 9 Iris Bergan 11 Columbia Heights 31-0
- 10 Angelanna Tillman 11 Bloomington Kennedy 30-11.25
- 11 Kimberley Hernandez Sanchez 11 Richfield 30-3
- 12 Monet McGritty 9 DeLaSalle 30-2
- 13 Audrey Erickson 12 Academy Of Holy Angels 29-11.25
- 14 Adelaide Martin 10 DeLaSalle 29-9
- 15 Clara Stevens 11 DeLaSalle 29-2.5
- 16 Dorothy Ogungbe 11 Visitation 29-1.5
- 17 Katerina Kadlubcova 12 Robbinsdale Cooper 28-7.5
- 18 Quinn Rich 11 Academy Of Holy Angels 28-7
- 19 Jessica Capetillo 12 Richfield 27-6
- 20 Brooke Lewis 11 Richfield 24-4.25